

# The Caregiver's Journey Conference

## THE CAREGIVER'S JOURNEY CONFERENCE

*"Help Is On The Way"*



Sponsored by  
Wesley Woods Newnan-Peachtree City

### **ATTENDEE REGISTRATION**

**SATURDAY, APRIL 18, 2009**

**9 A.M. – 3 P.M.**

**DOORS OPEN AT 8:30 A.M. FOR REGISTRATION  
AND CONTINENTAL BREAKFAST**

**FAYETTE SENIOR SERVICES  
LIFE ENRICHMENT CENTER  
4 CENTER DRIVE | FAYETTEVILLE**

- Free to the public | CEUs for caregiver professionals\*
- Access to the Resource Center—A valuable caregiver resource connection
- A source of comfort and strength for caregivers & families
- A knowledge tool-kit to help you attain the skills you need.

*\*Small processing fee applies.*

**D R A F T DOCUMENT**



# THE CAREGIVER'S JOURNEY CONFERENCE

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## **Objectives and Conference Goals**

The Caregiver's Journey Conference is designed for participants to gain a holistic response to issues all caregivers face moment to moment. This conference is designed for family and professional caregivers, all staff in aging services, senior living, hospitals, congregations, synagogues, temples and faith-based organizations. As mission-driven organizations we are committed to supporting the person who is caring for an older parent or family member, a neighbor or friend, a special needs child, young or adult.

Participants will be able to:

- Attain skills and knowledge of appropriate resources available to support the Caregiver
- Find comfort and strength from others who are walking the same path
- Encourage and facilitate an interdisciplinary network for families dealing with the challenges of caring for loved one, client, resident or friend
- Become a resource for others needing assistance in the caring network

## **Who Should Attend:**

- ◇ Family Caregivers
- ◇ Social Workers
- ◇ Directors of Nursing and CNAs
- ◇ Activity Directors
- ◇ Individuals Experiencing these challenges
- ◇ Professional Caregivers
- ◇ Parish Nurses
- ◇ Counselors
- ◇ Staff of Older Adult Ministries

## **Included in the Event:**

- Experts in the fields to discuss the resources that address the challenges of caregiving
- Complementary Lunch
- Free care provided for your care-receiver on-site and in the home by a licensed professional
- Opportunities to share your own experiences and learn from others
- Door prizes

## **Registration:**

This event will be held Saturday, April 18, 2009. from 9 a.m. to 3:00 p.m. at Fayette Senior Services Life Enrichment Center, 4 Center Drive, Fayetteville. The event is free to the public but reservations are necessary. Caregiver professionals wishing to obtain CEUs must complete the registration form and pay the applicable fee at the door.

**Call or fax this form to ensure your reservation by April 15, 2009.**

# THE CAREGIVER'S JOURNEY CONFERENCE



**Saturday, April 18, 2009**

**From 9 am to 3 pm (Registration and Continental Breakfast from 8:30 to 9)  
Fayette Senior Services Life Enrichment Center, 4 Center Drive, Fayetteville.  
770-461-0813.**

Caring is overwhelming, it is grief process. You are grieving the future, or lack of it. It is called chronic grief. Caregiver grief is ongoing, a daily painful reminder of the loss, and we have no idea where or when the pain will end. It's the living in limbo that's difficult. This is why this support conference is critical. There are resources to help you navigate the system, connect you to the resources you need.

**Make your reservation by April 15, 2009.**

Please Print/Type Information

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Organization/Facility: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

Fax: (\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_

Number of Vegetarian lunches requested: \_\_\_\_\_

8:30 to 9

Registration  
Continental Breakfast

9 to 9:15

Welcome & Sponsor Recognition  
Susan Landais, Program Manager, Fayette Senior Services  
Suzanne Chrispen, LCSW, Fayette Senior Services

9:15 to 9:50

The Importance of Early Diagnosis  
Dr. Alfonso Martinez, Ph.D.

9:50 to 10

Break

10 to 11:50

Aging in Place  
Albert Capogrossi CGR, CAPS  
Mark L. Werner  
Adaptive Devices  
Cheryl Craig and Ellen Warner  
In Home Help  
Sr. Helpers/Home Instead  
Community Respite  
Adult Day Care

12 to 12:30

Lunch

12:30 to 1

Legal Issues  
It 's Smart to Plan Ahead  
Mary Lyn Kirby

1 to 1:50

Transitions: Knowing When It's Time to Seek Other Solutions  
Beth Lever – Wesley Woods  
Ashley Glen  
Dogwood Estates

1:50 to 2

Break

2 to 2:30

Towne Club  
Nursing Home

2:30 to 3:00

Mind, Body, spirit  
Take Care of Yourself  
Mary Lou Vagara

**Add fee for pros.**



**DIRECTIONS:**